



## Illness Policy

Parents are expected to complete a health review of their child at home. This should include taking their child's temperature. Parents will additionally be asked health check questions by the staff each morning, confirming that their child is symptom-free and has not been given acetaminophen or ibuprofen in the last 12 hours. In the event that a parent is found to not be answering this statement truthfully or withholding important medical information, child care will no longer be provided to that family.

Symptom	May return when
Temperature of 100 F / 37.8 C or higher (orally) or 99 F / 37.2 C or higher (under the arm) or 100.4 F / 38 C or higher (forehead/ear)	May return to child care after a medical note or negative COVID-19 test confirms the child does not have COVID-19 <b>and</b> the child is symptom-free for 48 hours.
Runny nose, cough, sore throat, difficulty breathing or wheezing	May return to child care after a medical note or negative COVID-19 test confirms the child does not have COVID-19 <b>and</b> the child is symptom-free.
Unexplained fatigue, aches or cold/flu-like symptoms	May return to child care after a medical note or negative COVID-19 test confirms the child does not have COVID-19 <b>and</b> the child is symptom-free.
Sinus congestion	May return to child care after a medical note or negative COVID-19 test confirms the child does not have COVID-19 <b>and</b> the child is symptom-free.
Eye infections, discharge, red/pink eyes	May return to child care after a medical note or negative COVID-19 test confirms the child does not have COVID-19 <b>and</b> the child is symptom-free.
Children who have, or children with others living in the same home who have just returned from international travel	May return after self-isolating for 14 days <b>and</b> being symptom-free.
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Symptom	May return when
Children who have, or children with others living in the same home who have been identified as at-risk of potential COVID-19 exposure	May return after self-isolating for 14 days <b>and</b> being symptom-free.
Known or suspected communicable diseases (measles, chicken pox, pink eye, hand foot and mouth, etc.)	May return after being symptom-free for a minimum of 72 hours.
Unexplained rashes <b>or</b> any rash that is not confirmed by doctor to be non-contagious	Seek medical confirmation and provide doctor's note to return.
Unusual, unexplained loss of appetite, fatigue, irritability, diarrhea, vomiting, nausea, headache, ear infection not related to possible COVID-19 symptoms	May return after being symptom-free for a minimum of 48 hours.