



SPORTBALL SUMMER CAMPS

Flag Football Camp

Sportball coaches develop competence and confidence on the field through Sportball flag football camps. Children are taught the fundamental skills necessary to excel in flag football. These include snapping, passing, receiving, flag pulling and more. Camps are dedicated to skills development and putting those skills to work in an exciting, non-competitive game. There will also be crafts, snack time, stories, music, co-operative games and theme days.

Ages 3-5 years

Aug 5-8, Tuesday to Friday

9:00 am - 12:00 pm

4 Sessions \$112 Code: SL 2607

Location: Shawnigan Lake CC

Ages 6-9 years

Aug 5-8, Tuesday to Friday

1:00 pm - 4:00 pm

4 Sessions \$112 Code: SL 2608

Location: Shawnigan Lake CC

Lacrosse Camp

Sportball coaches develop competence and confidence in the box through Sportball lacrosse camps. Children are taught the fundamental skills necessary to excel in lacrosse, Canada's National Sport. These include scooping, passing, catching, cradling, shooting and more. Camps are dedicated to skills development and putting those skills to work in an exciting, non-competitive game. There will also be crafts, snack time, stories, music, co-operative games and theme days.

Ages 3-5 years

Aug 25-29, Monday to Friday

9:00 am - 12:00 pm

5 Sessions \$140 Code: SL 2609

Location: Shawnigan Lake CC

Ages 6-9 years

Aug 25-29, Monday to Friday

1:00 pm - 4:00 pm

5 Sessions \$140 Code: SL 2610

Location: Shawnigan Lake CC

FOR MORE INFORMATION OR TO REGISTER CALL 250.743.1433

