

Events

Hockey Day in Cowichan

Join us for a family friendly activity day and celebration of Canada's official winter sport.

Saturday | January 20 | 10:00 a.m. - 2:00 p.m.
Gear it Up Hockey Session | 11:30 a.m. - 12:50 a.m.
Family Skate | 1:00 p.m. - 2:20 p.m.
Gym Activities | 10:00 a.m. - 2:00 p.m.
FREE Admission

WorkBC Centre Duncan Job Fair

Come meet Cowichan's top employers at the WorkBC Job Fair!

Thursday | Feb 22 | 10:00 a.m. - 2:00 p.m.
FREE Admission

Youth Week

BC Youth Week is a provincial celebration of youth, held annually during the first week of May. It is a week of fun-filled interaction and a celebration intended to build a strong connection between youth and their communities. This event is intended to highlight the interests, accomplishments, and diversity of youth across the province. Stay tuned for a week full of FREE youth activities.

Wednesday - Tuesday | May 1 - 7
FREE Admission

Cowichan Valley Spring Home & Wellness Show

Friday - Sunday | May 3 - 5

Bike Rodeo

The Cowichan Community Centre is hosting a spring Bike Rodeo in partnership with Cowichan Brain Injury Society. In a mission to spread brain injury awareness and education within our communities, this event will include obstacle courses, helmet checks, bike wash station, maintenance checks by Cowichan Cycles and a raffle draw for prizes. Bring your bike, scooter, skateboard or roller blades - everyone is welcome!

Saturday | May 11 | 10:00 a.m. - 12:00 p.m.
FREE Admission

| Spring Break Skating Schedule | | |
|-------------------------------|--------|-------------------|
| Monday | Mar 11 | 12:00 - 1:20 p.m. |
| Tuesday | Mar 12 | 12:00 - 1:20 p.m. |
| Wednesday | Mar 13 | 12:00 - 1:20 p.m. |
| Wednesday | Mar 13 | 6:30 - 7:50 p.m. |
| Thursday | Mar 14 | 12:00 - 1:20 p.m. |
| Friday | Mar 15 | 12:00 - 1:20 p.m. |
| Saturday | Mar 16 | 1:00 - 2:20 p.m. |
| Sunday | Mar 17 | 1:00 - 2:20 p.m. |
| Monday | Mar 18 | 12:00 - 1:20 p.m. |
| Tuesday | Mar 19 | 12:00 - 1:20 p.m. |
| Wednesday | Mar 20 | 12:00 - 1:20 p.m. |
| Wednesday | Mar 20 | 6:30 - 7:50 p.m. |
| Thursday | Mar 21 | 12:00 - 1:20 p.m. |
| Friday | Mar 23 | 12:00 - 1:20 p.m. |
| Saturday | Mar 23 | 1:00 - 2:20 p.m. |
| Sunday | Mar 24 | 1:00 - 2:20 p.m. |

Cowichan Community Centre

2687 James Street
Duncan, BC V9L 2X5
250.748.7529 | tcentre@cvrld.bc.ca

ONLINE REGISTRATION:

To use online registration you will need login information, and a credit card. Please contact your local recreation centre to set up your family's account. You can access online registration from our website www.cvrld.ca

 @mycvrd

 facebook.com/cvrldrec



Events

COWICHAN COMMUNITY CENTRE

Birthdays

Skating Party

Available January - April

Celebrate your birthday party on the ice during one of our Everyone Welcome Skates. This package includes admission and rentals for up to 15 children including the birthday star. Start off on the ice and then head over to the party room where you will serve your own refreshments. This package does not include a party leader - parental supervision is required. Additional guests pay regular admission and rental rates. Please bring your own utensils and party supplies.
3 hours \$125

Sports Party at CCC

This party package includes fun sports and activities with our party leader, such as basketball, soccer, floor hockey, and dodgeball. Just let us know what you like! We can customize this package to fit all ages and needs. Price includes up to 15 children including the birthday star. Additional guests pay \$4 each. Parental supervision is required. Please bring your own utensils and party supplies.
2 hours \$125

Kinder Gym Party

Ages 1 - 4

This birthday package includes an hour of fun activities with our party leader, including basic climbing, and sports equipment, ride-on and push toys, playhouse, and more! Personalize your party by bringing your own games, music, and food. Price includes up to 15 children including the birthday star. Additional guests pay \$4 each. Parental supervision is required. Please bring your own utensils and party supplies.
2 hours \$125



Events

You Make My Heart Full - Valentine's Skate

Bring a special friend out to celebrate Valentine's Day with us! Join us for a skate, some hot chocolate and take your picture in our photo booth. Admission is only a toonie!

Wednesday | Feb 14 | 6:30 p.m. - 7:50 p.m.
Admission \$2 | Rentals \$3.50

School's Out Skate

Come out with your friends and family and enjoy these special School's Out skating sessions. Admission is only a toonie!

Friday | Feb 16 | 1:00 p.m. - 2:20 p.m.
Admission \$2 | Rentals \$3.50

Monday | Apr 15 | 12:00 p.m. - 1:00 p.m.
Admission \$2 | Rentals \$3.50

Family Day Celebration

The Cowichan Community Centre is partnering with Cowichan Tribes to offer this FREE Family Day Celebration. We will host two skating sessions where families can spend some quality time together on the ice. We will also have crafts and cultural activities for all ages in the Multi-Purpose Hall. We will be providing floor hockey for the family and face painting. Panago Pizza will provide slices of pizza for the whole family. We gratefully acknowledge the financial support of the Province of British Columbia.

Monday | Feb 19 | 12:00 p.m. - 3:00 p.m.
Family Skate | 12:00 p.m. - 1:00 p.m. | Code: 66579
Family Skate | 1:30 p.m. - 2:30 p.m. | Code: 66580
Gym Activities | 12:00 p.m. - 3:00 p.m. | Drop-in
FREE Admission

Be sure to check out our Children & Youth, Sports, and Arena Pamphlets for more great activities!

Caleb Kroffat Memorial CPR/AED Training

Members of St. John Ambulance Brigade will be on-site to provide complimentary training in adult CPR and the use of AEDs. Training will be provided through a drop-in open house style format.

Monday | Feb 19 | 12:00 p.m. - 3:00 p.m.
FREE Admission

School's Out Family Stick & Puck Skate

This session is designed for those that are new to the game or who want to brush up on their hockey skills. The program is open to all ages. Children age 9 and under must be accompanied by an on-ice adult. This session is limited to 24 players. Scrimmages and games are not permitted. Helmets and gloves are mandatory; youth ages 17 and under must have a helmet with a full-face cage. Shin guards are strongly recommended.

Friday | Feb 16 | 1:30 p.m. - 2:20 p.m.
Regular rates apply

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